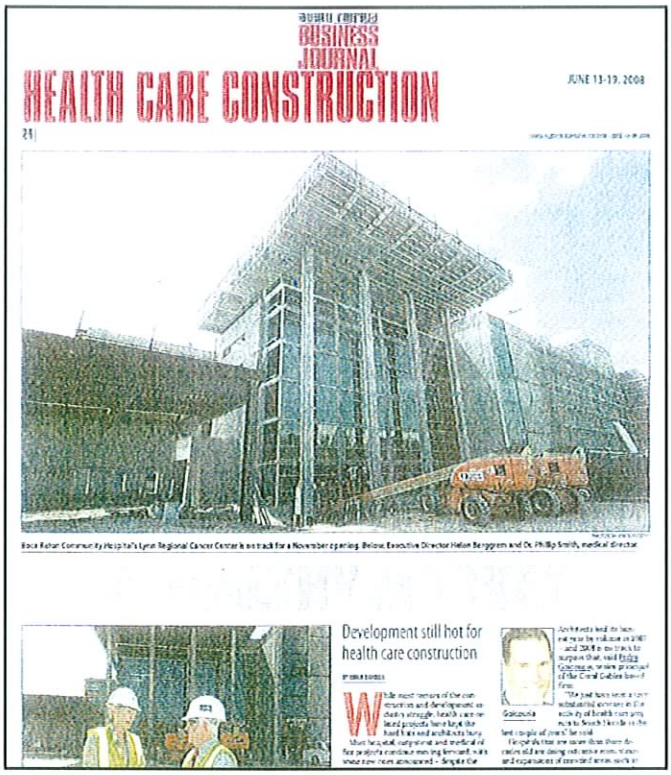
MGE ARCHITECTS

Positioned as leaders in healthcare

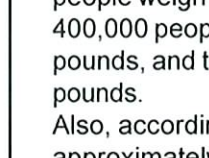


South Florida Business Journal

HEALTH CARE CONSTRUCTION

JUNE 13-19, 2008

Development still hot for health care construction



MANAGED HEALTHCARE EXECUTIVE

December 1, 2008

Facilities must change to accommodate obese patients

According to research compiled by America Sports Data Inc. in the United States, 3.8 million people weigh in at more than 300 pounds, over 400,000 people (mostly males) carry over 400 pounds, and the average adult female weighs 163 pounds.

Also, according to the National Institute of Health, approximately one-third of all hospital patients weigh 350 pounds or more. In fact, bariatric surgery

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Florida Real Estate Journal

GUEST COLUMN

Obesity weighs heavily on healthcare design

By Rolando Conesa
MGE Architects

In the year 2008, America faces an epidemic of obesity across all levels of our society. This crisis is prevalent across the board, affecting all genders, races and age groups.

The following excerpt from American SportsData Inc. highlights the obesity crisis, which is now driving changes in the design of healthcare facilities:

The recent HHSAASD Obesity/Weight Control Report publishes "real" research statistics on America's growing obesity epidemic. These alarming statistics reveal a dangerously overweight U.S. population. Obesity is proliferating in the United States: 3.8 million people are over 300 pounds, over 400,000 people (mostly males) carry over 400 pounds and the average adult female weighs an unprecedented 163 pounds!

Until now, the publication of the most candid and powerful statistics on America, their focus on the polite obstruction of Body Mass Index (BMI) rather than actual bodyweight has hindered America's war on obesity.

The National Center for Health statistics has been tracking America's obesity problem for over four decades. The following statistics support the growing concern regarding the obesity problem in America.

- *Between 1962 and the year 2000, the number of obese Americans grew from 13% to an alarming 31% of the population.*
- *63% of Americans are overweight with a Body Mass Index (BMI) in excess of 25.0.*
- *31% are obese with a BMI in excess of 30.0.*
- *Childhood obesity in the United States has more than tripled in the past two decades.*
- *According to the U.S. Surgeon General report, obesity is responsible for 300,000 deaths every year.*

MGE Architects has seen the

The Miami Herald

September 9

HEALTHCARE

Baptist going green

We're going high-tech, wireless. We're going to be able to operate without any outside support for at least seven days. That means generators, gas, water and food.